

# CHINA VACCINATION INFORMATION

(as of 10/29/09)

*Please consider this as information gathering, only. Consult your physician for your particular needs, and those of your student(s). According to the CDC (Center for Disease Control), vaccines for RABIES and JAPANESE ENSEPHALITIS are not necessary as we are not traveling to rural areas or farms. Prophylactic MALARIA is also not needed. It is best to be inoculated 4-6 weeks prior to travel. The following vaccines are RECOMMENDED, not required. Contact your insurance company to inquire about coverage.*

**ALL VACCINES SHOULD BE COMPLETE NO LATER THAN FEBRUARY 22, 2010.**

## ADULTS

<http://www.cdc.gov/vaccines/recs/schedules/adult-schedule.htm>

In addition to the routine childhood vaccine protocol, the CDC recommends the following vaccines:

- Hepatitis A (2-4 doses\*)
- Hepatitis B (3-4 doses\*)
- Tdap
- Typhoid Fever
- MMR (2<sup>nd</sup> dose if only one received earlier in life)
- Varicella (if no immunity to chicken pox—you must have HAD chicken pox as a child to be considered immune)
- Zoster (shingles—ONLY for adults 60 years or older)
- H1N1
- Seasonal Flu

\* It is possible to travel with only 1 dose of each. Hep A and Hep B may be combined in a 3-dose regimen, or given separately in a 4-dose regimen, each.

## STUDENTS

<http://www.cdc.gov/vaccines/recs/schedules/teen-schedule.htm>

Confirm that your student is up to date on all childhood vaccines. This list should include:

- Hepatitis A (2 doses, total)
- Hepatitis B (3 doses, total)
- Chicken Pox\*\*
- Polio (4 doses, total)
- MMR (2 doses, total)
- D-TaP (5 doses, total)

In addition to the above, the CDC recommends:

- Typhoid Fever
- H1N1
- Seasonal Flu

\*\* If your student has HAD chicken pox, he/she is considered immune. CDC recommends the vaccine if your student has NOT had chicken pox.